

Beth Shoshana Russell
Curriculum Vitae

Contact Information

<u>Office Address:</u> University of Connecticut Department of Human Development & Family Studies 348 Mansfield Road, Unit 2058 Storrs, CT 06269-2058 Phone: (203) 236 - 9874	<u>Home Address:</u> 62 Linnard Rd West Hartford, CT 06107 E-mail: bethsrussell@gmail.com Phone: (860) 221-8414
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Education

- May, 2005 Doctor of Philosophy in Human Development and Family Studies;
Area of Specialization – Child & Adolescent Development,
University of Connecticut, Storrs, CT 06269-2058
Doctoral Dissertation: Russell, B. S. Increasing Shaken Baby
Syndrome Awareness. (Dissertation advisor: Preston A. Britner).
- May, 2003 Master of Arts in Human Development and Family Studies;
Area of Specialization – Child & Adolescent Development,
University of Connecticut, Storrs, CT 06269-2058
Master's Thesis: Russell, B. S. Self-Soothing in Early Infancy. (Thesis
advisor: Preston A. Britner).
- May, 1998 Bachelor of Arts; Dual Concentrations – Medical Sciences, &
Comparative Literature. Hampshire College, Amherst, MA 01002

Professional Experience

- 2011 to **present** *Assistant Professor, University of Connecticut*, Storrs, CT
Tenure track faculty position in the department of Human Development &
Family Studies. *Research Affiliate* at the Center for Health, Intervention,
and Prevention (CHIP), the Center for Applied Research in Human
Development (CARHD), and the Institute for Brain And Cognitive Sciences
(IBACS). Department program coordinator for the Certification in Family
Life Education (CFLE) through the National Council on Family Relations.
Courses include HDFS 1060 Close Relationships, DFS 2100 Infancy
through Adolescence, HDFS 3103 Adolescent Development, HDFS 3343
Family Life Education, HDFS 5342 Parent Education, HDFS 5007 Applied
Quantitative Methods in Human Development & Family Studies.
Responsible for graduate and undergraduate advising.
- 2010 to 2011 *Chair, Human Subjects Review Board Worcester State University*. Ensure
ethical treatment of all human participant research as supervisor of the IRB.
Coordination of the board meetings, supervision of the review process,
training the University community on ethics in research issues, and relevant
policy development

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- 2007 to 2011 *Consultant, Children's Rights* (New York, NY), **National Center on Shaken Baby Syndrome** (Ogden, UT), **United Way of CT** (Plymouth, CT), **Center for Applied Research** (Storrs, CT), **Village for Children & Families** (Hartford, CT). Measure development, family service program evaluation & statistical consulting.
- 2006 to 2011 *Assistant Professor, Worcester State University*, Worcester, MA
Psychology faculty (tenure track). Courses include PS210 Child Growth, PS215 Adolescent Development, PS297 Research Practicum, PS355 Social Personality Development, PS410 Developmental Capstone Seminar, PS405 Independent Study, PS499 Honors Thesis Seminar
- 2005 to 2006 *Visiting Assistant Professor, St. Joseph College*, Hartford, CT
Undergraduate advisor and instructor: CDFS 380 Adv. Child Development, & CDFS450 Cross Cultural Perspectives on Child Development
- 2003 to 2006 *Adjunct Professor, University of Connecticut*, Storrs, CT
Undergraduate instructor: HDFS 287W Parenthood, HDFS 231 Infancy, HDFS 269 Family Violence, & HDFS 234W Social & Personality Development in Childhood.
- 2000 to 2005 *Graduate Assistant, University of Connecticut*, Storrs, CT
International Baby Study, research headed by Dr. Charles M. Super. Early Temperament Study of Shyness, research headed by Dr. Preston A. Britner. Parent Education Program Evaluation, headed by Dr. Maureen Mulroy.
- 1999 to 2000 *Research Coordinator, Mental Health Center of Boulder County*, Child Development Program, Boulder, CO. Coordination of data collection.
- 1999 to 2000 *Research Assistant, Early Head Start Program*, Denver, CO 80249.
- 1996 to 2000 *Intern, Denver Children's Hospital*, Denver, CO 80249. Neo-natal Intensive Care Unit (NICU) Observation/Internship.

Integrative Research Statement

I study the ontogeny of self-regulation in normative and at-risk samples, with a specific focus on the regulation of distress. I believe the development of self-regulation begins as other-regulation in infancy, moves through mutual or co-regulation in childhood and becomes increasingly self-regulation in adolescence until young adults partner and/or become parents, thereby moving back into close relationships that require more mutual regulation. As such, the majority of the publications, grants, and presentations listed here will fall into 3 groups: The study of a) parent-child mutual or co-regulation where child outcomes are heavily scaffolded by the caregiver, b) self-regulation in youth where maturity demands for individuation from caregivers lead self-regulation to the forefront, and c) self-regulation during the transition to parenthood, where individuals enter back into parent-child dyadic exchanges driven by the parents' regulatory skill. Challenges to skillful regulation can be encountered in each of these phases (i.e., substance use in adolescence, or parenting a sick child or parenting in the context of poverty), so I often address these individual and contextual factors as well. My scholarship is anchored in the applied practices of Human Development and Family Studies, which emphasizes translational science; hence, themes of intervention practice and program evaluation are also evident.

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Research Grants

Extramural funding:

- National Institute on Nursing Research (NINR) R01 mechanism. *Promoting Resilience in Self-Management (Prism)* in response to RFA 16-003. 2016, Principal Investigator, \$1, 321, 937, pending
- National Institute on Alcohol Abuse and Alcoholism (NIAAA), National Institute on Drugs and Addiction (NIDA) RO3 mechanism. *Promoting Emotion Regulation in Substance Abusing Adolescents* in response to NIDA/NIAAA PA #13079. 2015, Co-Principal Investigator with Dr. Christine Ohannessian \$141,050, pending
- Administration for Children & Families (ACF). *FatherWorks. New Pathways for Fathers & Families* grant #HHS-2015-ACF-OFA-FK-0993. 2015. Local Evaluation Principal Investigator with Primary Grantee/Principal Investigator Aldwin Allen of the Village for Families & Children, Inc.. \$500,000, Unfunded
- Administration for Children & Families (ACF) subaward through the Village for Families & Children. *FatherWorks 6th Year Evaluation*. Principal Investigator, \$50,000 funded
- American Psychological Association, Office of Violence Prevention. *Adults and Children Together – Pilot study for fathers*. 2014, Co- Principal Investigator with Dr. Kari Adamsons, \$500, funded.
- USDA/National Institute of Food and Agriculture (NIFA) Children, Youth, and Families At Risk (CYFAR). *Tools for healthy living: University of Connecticut Sustainable Community Project*. 2012-2013. Evaluation Specialist via service agreement with PI Dr. Linda Horn (see below)
- National Institute on Alcohol Abuse and Alcoholism (NIAAA), RO3 mechanism. *Distress Tolerance Intervention for At-Risk Youth* in response to NIDA/NIAAA PA #13079. 2013, Principal Investigator \$153,903. Unfunded
- USDA/Air Force Family Advocacy Program sub-award: *Daddy and Me: Enhancing father engagement for Air Force families*. 2012, Principal Investigator \$292,500. Unfunded.

Contracts & Service Agreements

- 2015-2016: Village for Families & Children, Home-based Crisis Management Service Evaluation. Consultation and technical support for the evaluation of a new service to be delivered the outpatient clinic settings. Principal Investigator, \$9,995 funded
- 2014-2015: Village for Families & Children, Home-based Crisis Management Service Evaluation. Consultation and evaluation design for a prospective pilot service to be delivered the outpatient clinic settings. Principal Investigator, \$3,850 funded
- 2014-2015: Village for Families & Children, Mid-Level Developmental Assessment project. Consultation, coordination and supervision of graduate student training in play-based assessment for preschool-aged children referred for services. Principal Investigator, \$17,894 funded
- 2013-2014: Village for Families & Children, Zero to Three National Training Institute project. Consultation to develop and propose presentations to the national early intervention conference. Principal Investigator, \$499 funded
- 2013-2014: Village for Families & Children, Mid-Level Developmental Assessment project. Consultation, coordination and supervision of graduate student training in play-based assessment for preschool-aged children referred for services. Principal Investigator, \$10,731 funded

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Research Grants (continued)

- 2012-2013: Children, Youth, & Families At Risk (CYFAR) Tools for Healthy Living project. Consultation to develop and execute a program evaluation at 4 after-school program sites, including coordination and supervision of student labor. Principal Investigator, \$8,000 funded
- 2012-2013: Cooperative Kids. Consultation to develop a program evaluation for parenting services. Co- Principal Investigator with Dr. Adamsons, \$10,000 funded
- 2011-2012: Village for Families & Children, Adolescent Family Life Project. Statistical analysis, reporting, consultation, and publication. Principal Investigator, \$17,588 funded

Internal funds via competitive applications:

- 2014-2015: *Parents as Coping Coaches*, \$30,000 UConn Center for Health Intervention & Prevention collaboration grant with CT Children's Medical Center, Principal Investigator with CoPI Jessica Guite, funded.
- 2013-2014: *Adolescent Distress Tolerance Intervention for At-risk Youth*, \$8,960 University of Connecticut Research Foundation Large Faculty Grant, unfunded
- 2012-2013: *Adolescent Distress Tolerance Intervention* \$7,500 UConn Center for Health Intervention & Prevention New Investigator seed grant, unfunded
- 2011-2012: *Impulsivity, coping, and emotion regulation in adolescent recovery school students* \$1,500 University of Connecticut Research Foundation Small Faculty Grant, funded.
- 2010 – 2011: *Convergent evidence for parental behavior as antecedent for children's self control* \$4,200, Worcester State University, funded
- 2009-2010: *Parental behavior as antecedent for preschoolers' self control* \$3,300, Worcester State University, funded.
- 2008-2009: *Results from the PICI* \$2,400, Worcester State University, funded
- 2007-2008: *Reliability of the Parental Interview on Caregiving – Infant (PICI)* \$3,750, Worcester State University, funded

Refereed Publications

- Russell, B.S., Lee, J. O., Speiker, S., & Oxford, M. L. (2016, in press). Parenting and preschool self-regulation as predictors of social emotional competence in 1st grade. *Journal of Research in Childhood Education*
- Russell, B. S., Maksut, J.*, Lincoln, C. R.*, & Leland, A. J.* (2016). Computer-mediated parenting education: Digital family service provision. *Children and Youth Services Review* doi:10.1016/j.chilyouth.2016.01.012
- Baumbauer, K. M., Young, E. E., Starkweather, A. R., Guite, J. W., Russell, B. S., & Manworren, R. C. (2015). Managing chronic pain in special populations with emphasis on pediatric, geriatric, and drug abuser populations. *Medical Clinics of North America*, 100 (1), 183-197. doi:10.1016/j.mena.2015.08.013
- Heller, A. T.* & Russell, B. S. (2015). The impact of social influence, gender, and non-parental guardianship on adolescents in substance use recovery. *Journal of Human Sciences and Extension*, 3(3), 107-116.
- Russell, B. S., Leland, A. J.*, & Trudeau, J. J. (2015). Social influence on adolescent polysubstance use: The escalation to opioid use. *Substance Use & Misuse*, 50(10), 1325-1331, doi: 10.3109/10826084.2015.1013128

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Refereed Publications (continued)

- Russell, B.S., & Lincoln, C. K.* (2015). Distress tolerance and emotion regulation: Promoting maternal mental health across the transition to parenthood. *Parenting: Science & Practice*, 16 (1), 22-35. DOI:10.1080/15295192.2016.1116893
- Russell, B. S. (2014). Adolescent maternal lifecourse outcomes: Implications from an integrated mental health services approach. *Journal of Human Sciences and Extension*, 2 (2), 65-83.
- Mittal, R., Russell, B. S., Britner, P. A., & Peake, P. K. (2013). Delay of gratification in two- and three-year-olds: Associations with attachment, personality, and temperament. *Journal of Child and Family Studies*, 22(4), 479-489. DOI 10.1007/s10826-012-9600-6.
- Russell, B. S., Londhe, R., & Britner, P. A. (2013). Parenting contributions to the delay of gratification in young preschool-aged children. *Journal of Child and Family Studies*, 22 (4), 471-478. DOI 10.1007/s10826-012-9599-8.
- Russell, B. S., Eaton, L. E., & Peterson-Williams, P. (2012). Intersecting epidemics among pregnant women: Alcohol use, interpersonal violence, and HIV infection in South Africa. *Current HIV/AIDS Reports*, DOI 10.1007/s11904-012-0145-5
- Russell, B. S. (2010). Revisiting measurement of Shaken Baby Syndrome awareness. *Child Abuse and Neglect*, 34(9), 671-676. Journal 5 year Impact Factor: 3.525
- Russell, B. S. & Trachtenberg, J. (2010). Interdisciplinary pedagogical applications for concretizing interpersonal violence. *Currents in Teaching and Learning*, 3 (1), 37-42.
- Russell, B. S., Alpert, L., & Trudeau, J. J. (2009). Child abuse prevention during infancy: Intervention implications for caregivers' attitudes towards emotion regulation. *Journal of Human Behavior in the Social Environment*, 19(5), 540-553.
- Russell, B. S., McKinley, A. C., & Trudeau, J. J. (2009). Student perceptions of audio material use in computer mediated psychology courses. *Academic Exchange Quarterly*, 13 (4), 66-70.
- Russell, B. S., Soysa, C. K., Wagoner, M., & Dawson, L. (2008). Teaching prevention on sensitive topics: Key elements and pedagogical techniques. *Journal of Primary Prevention*, 29 (5), 413-433. Journal 2011 Impact Factor: 1.54
- Russell, B. S., Trudeau, J. J., & Britner, P. A. (2008). Intervention type matters in primary prevention of child abuse: Event history analysis results. *Child Abuse & Neglect*, 32, 949-957.
- Russell, B. S., Britner, P. A., & Woolard, J. L. (2007). The promise of primary prevention home visiting programs: A review of potential outcomes. *Journal of Prevention & Intervention in the Community*, 34 (1/2), 129-147.
- Russell, B. S. & Britner, P. A. (2006). Measuring Shaken Baby Syndrome awareness: Preliminary reliability of caregiver attitudes and beliefs. *Journal of Child & Family Studies*, 15, 765-777.

Papers Under Review

- Heller, A. T.,* Russell, B. S., & Hutchison, M.* (2016). *Adolescents in school-based substance use recovery: Maladaptive distress tolerance in the context of depression*
- Lincoln, C. R.* , Russell, B. S., Racine, L.* , & Donohue, E.* (2015). Mother-child interactions and preschoolers' emotion regulation outcomes: Nurturing autonomous emotion regulation. *Journal of Child & Family Studies*
- Ohannessian, C. M., Flannery, K. M.* , Simpson, E.* , & Russell, B.S. (2015). *Family functioning and adolescent alcohol use: A moderated mediation analysis*

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Russell, B. S., & Lincoln, C. R.,* (2015). *Reducing harsh parenting through computer-mediated parenting education*

Russell, B. S., Heller, A. T.*, & Hutchison, M.* (2015). *Differences in adolescent emotion regulation and impulsivity: A group comparison study of school-based recovery students.*

Book Chapters

Marvin, R. S., Britner, P. A., Russell, B. S. (2016, in press). Normative development: The ontogeny of Attachment in childhood. In J. Cassidy & P. R. Shaver (Eds.) *Handbook of Attachment: Theory, Research, and Clinical Applications*, 3rd Ed. New York: Guilford Press

Russell, B.S., & Fetcher-Leggett, M. (2012). Mutual regulation in the context of inconsolable crying: Promoting tolerance to distress. In G. Rossi (Ed.) *Psychology - Selected Papers* (pp. 69-82). Rijeka, Croatia: InTech Publications (ISBN 979-953-307-637-8)

Russell, B. S., Britner, P. A., & Woolard, J. L. (2007). The promise of primary prevention home visiting programs: A review of potential outcomes. In J. Galano (Ed.), *The Healthy Families America® initiative: Integrating research, theory and practice* (pp. 129-147). Binghamton, NY: The Haworth Press. [reprinted from *Journal of Prevention & Intervention in the Community*]

Papers in Preparation

Russell, B. S., & Donohue, E.* (2016). When mommy masks her feelings: Implications for the socialization of emotion regulation in early childhood.

Russell, B. S., Simpson, E.*, Flannery, K., Ohannessian, C. M. & (2016). *Family pathways to internalizing & externalizing problems: Longitudinal examination of adolescent outcomes*

Russell, B. S., Racine, L.*, & Hutchison, M.* (2016). *Elevated risk for youth with special education needs in substance use recovery*

Elsaesser, C., Russell, B. S., Ohannessian, C. M. (2016). *Parental monitoring in a digital age: Implications for adolescent interpersonal violence & victimization online*

Invited Papers/Publications

Russell, B. S. (2009). Teaching on maltreatment. *Traumatic Stresspoints*, 23, 4. Available from: http://www.istss.org/documents/StressPoints_July_FINAL_000.pdf

Russell, B. S. (2009). Protecting your infant. *National Center on Shaken Baby Syndrome*: <http://www.purplecrying.info/sections/index.php?sct=5&>

Russell, B. S. (2009). Focusing on emotion: Parenting well when emotions run high. *National Center on Shaken Baby Syndrome*: <http://www.purplecrying.info/sections/index.php?sct=5&sctpg=15&>

Russell, B. S. (2009). Myths on good parenting. *National Center on Shaken Baby Syndrome*: <http://www.purplecrying.info/sections/index.php?sct=5&sctpg=31&>

Book Reviews & Non-refereed Publications

Russell, B. S., & Britner, P. A. (2004). Book Review: The Shaken Baby Syndrome – A Multidisciplinary Approach. *Child Abuse & Neglect*, 28 (12).

Russell, B. S., Goodrich, S., & Britner, P. A. (2011). Preventing child maltreatment and promoting healthy interactions. *National Council on Family Relations (NCFR) Report*, 56(2), F23-F24.

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Unpublished Technical Reports & White Papers

- Britner, P.A., Russell, B. S., & Woolard, J. L. (2001). *Primary prevention Home Visiting Programs: A review of child and family development outcomes*. Report prepared for the Southeastern Center for Family Support and Parent Leadership, Clemson University, Clemson, SC.
- Reece, R. M., Dias, M. S., Barr, M., Russell, B. S., Barr, R. G., & Runyan, D. K. (2010). *Shaken Baby Prevention*. Prepared for the National Center on Shaken Baby Syndrome, Ogden, UT.
- Russell, B. S. (2008). *Family support services: Parents' reports of services used and services missing*. Report prepared for The Plymouth Council in conjunction with United Way of Connecticut, Plymouth, CT.
- Russell, B. S. (2014). *Employer-based Parent Education: An evaluation of computer-mediated services*. Report prepared for Positive Parenting CT, Mansfield, CT.
- Russell, B. S., Britner, P. A., & Woolard, J. L. (2001). *Popular home visiting programs: A review of curricula*. Report prepared for the Southeastern Center for Family Support and Parent Leadership, Clemson University, Clemson, SC.

Invited Presentations

- Russell, B. S. (2016, February). *Intervention targets for the mechanism of self-management in parents as informal caregivers*. Invited presentation to the Pediatric Academic Associates meeting, Connecticut Children's Medical Center.
- Russell, B. S. (2015, April). *Supporting new parents' self-regulation: Coping with crying*. Keynote address given to the CT Alliance for Infant Mental Health annual meeting.
- Russell BS (2014, April). Understanding adolescent impulsivity, every day stress, and how to cope with the Big Stuff. Invited presentation to the American Association of University Women, sponsored by UConn College of Liberal Arts & Sciences Alumni Relations.
- Russell, B.S. (2012-14). *Talking to Teens: Everyday interaction to risk behavior*. Invited workshop series open to the University of Connecticut community, sponsored by UConn Human Resources.
- Russell, B. S. (2006, May). *Program evaluation: Design to implementation*. Invited keynote address, annual meeting of the CT Parent Educators Network, Newington, CT.
- Russell, B. S. (2005, April). *Increasing Shaken Baby Syndrome Awareness: Longitudinal intervention results*. Invited speaker at Yale University, Department of Pediatrics, New Haven, CT.

International Conference Presentations

- Martini-Carvell, K., & Russell, B. S. (2014, June). *Building a community service safety net for families at risk for early childhood mental health challenges: Mid-Level Developmental Assessment (MLDA)*. Paper presented to the World Alliance for Infant Mental Health, Edinburgh, UK.
- Moscardino, U., Trevisanut, P., Axia, G., Britner, P. A., & Russell, B. S. (2002, June). *Cry as a sign of social fear*. Poster presented at the 8th International Workshop of Infant Cry Research, Padova, Italy.
- Russell, B. S. (2008, March). *Leaving a crying infant alone: An improbable approach to Shaken Baby Syndrome prevention*. Poster presented at the biennial meetings of the International Society on Infancy Studies, Vancouver, Canada

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International Conference Presentations (continued)

- Russell, B. S. (2008, March). *Shaken Baby Syndrome measurement needs focus: Discipline, soothing, and potential for injury awareness*. Poster presented at the biennial meetings of the International Society on Infancy Studies, Vancouver, Canada
- Russell, B. S. (2010, March). *Parenting as an antecedent to young preschoolers' self control: Teaching emotion regulation*. Poster presented to the biennial meeting of the International Conference on Infancy Studies, Baltimore, MD
- Russell, B.S. (2011, March). *Infusion of developmental theories: Advancing critical thinking from Freshman to Capstone seminars*. Workshop presented to the biennial meetings of the SRCD Developmental Science Teaching Institute, Montreal, Canada.
- Russell, B. S. (2012, June). *Infant cries as a predictor of emotion regulation difficulty, perceived stress, and distress tolerance*. Paper accepted to the biennial meeting of the International Conference on Infancy Studies, Minneapolis, MN.
- Russell, B. S., Blom, M. J. M., Huitron, B., Moscardino, U., Axia, G., Palacios, J., Granger, D., Harkness, S., & Super, C. M. (2004, July). *Culture, cortisol, & postpartum depression: Study of mothers in Italy, the Netherlands, Spain, & United States*. Poster presented at the biennial meetings of the International Society for the Study of Behavioural Development, Ghent, Belgium.
- Russell, B. S. & Fetcher-Leggett, M. (2010, March). *Responding to infants' inconsolable cries: Supporting family coping*. Symposium presented to the biennial meeting of the International Conference on Infancy Studies, Baltimore, MD.
- Russell, B. S., & Lincoln, C. R.* (2014, June). *Critical examination of excessive infant crying classification and its effects on maternal mental health*. Poster presented to the annual meetings of the World Alliance for Infant Mental Health, Edinburgh, UK.
- Russell, B. S. & Martini-Carvell, K. (2014, June). *Differential longitudinal mental health outcomes for adolescent mothers: Randomized comparison of service delivery models*. Paper presented to the World Alliance for Infant Mental Health, Edinburgh, UK.

National Conference Presentations

- Burlingame, C.*, & Russell, B. S. (2009, October). *The role of parents' attitudes towards play in the development of preschoolers' social skills*. Poster presented at the Annual Meeting of the New England Psychological Association, Worcester, MA.
- Donohue, E.*, & Russell, B. S. (2015, March). *Negativity stays behind my mask: Maternal strategies for scaffolding preschoolers' emotion regulation*. Poster presented to the biannual meetings of the Society for Research in Child Development, Philadelphia, PA
- Donohue, E.*, & Russell, B. S. (2015, March). *Patterns in Maternal Emotion Socialization in Urban Preschool Samples*. Paper presented to the annual meetings of the Eastern Psychological Association, Philadelphia, PA
- Donohue, E. B.*, Simpson, E.*, & Russell, B. S. (2015, October). *When it runs in the family: The role of gender in adolescent perceptions of parental pressure to attend a recovery high school*. Poster presented to the biennial meetings of the Society for the Study of Human Development, Austin, TX
- Drazien, A.*, Russell, B. S., & Britner, P. A. (2005, October). *Gender differences in discipline beliefs*. Poster presented at the annual New England Psychological Association meeting, New Haven, CT.

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National Conference Presentations (continued)

- Heller, A.*, Hutchison, M.*, Romano, K.*, & Russell, B.S. (2015, March). *The power of home: Guardianship effects for adolescents in school-based substance use recovery*. Poster presented to the biannual meetings of the Society for Research in Child Development, Philadelphia, PA.
- Johnston, T., Russell, B. S., & Thompson, A. (2014, June). *Process data from collegiate recovery programs: The who and how*. Paper presented at the annual meetings of the Association for Recovery in Higher Education
- Johnson, S. K., Russell, B. S., & Martini-Carvell, K. (2012, November). Longitudinal outcomes for adolescent mothers: Randomized evaluation results. Paper presented to the Annual meetings of the National Council on Family Relations, Phoenix, AZ.
- Leland, A. J.*, Ketterer, H., & Russell, B. S. (2012, October). Family structure influences on impulsivity in late adolescence. Poster presented to the annual meeting of the New England Psychological Association, Worcester, MA
- Leland, A. J.*, Russell, B. S., Jessee, V.* (2015, March). *Maternal strategies for promoting preschoolers' self-regulation: Tantrums and self-control*. Poster presented to the biannual meetings of the Society for Research in Child Development, Philadelphia, PA
- Lincoln, C. R.*, Leland, A. J.*, Russell, B. S., & Thompson, A.* (2013, March). *Adolescent emotion regulation and social influence: Addiction recovery frameworks*. Poster presented to the biannual meeting of the Society for Research on Child Development, Seattle, WA.
- Lincoln, C.*, & Russell, B.S. (2010). *The correlates of impulse control in adolescent college students*. Poster presented at the annual New England Psychological Association meeting, Colchester, VT.
- Lincoln, C. R.*, Russell, B. S., & Jessee, V.* (2015, March). *Behavioral Correlates of Maternal Perceptions of Emotion Lability in Preschool Children*. Poster presented to the annual meetings of the Eastern Psychological Association, Philadelphia, PA
- Lincoln, C. R., Russell, B. S., & Speiker, S. (2015, March). *Maternal Influence on the Development of Emotion Regulation in Preschool Children*. Paper presented to the biannual meetings of the Society for Research in Child Development, Philadelphia PA
- Maksut, J., Leland, A. J.*, & Russell, B. S. (2015, March). *Predicting individuals' parental self-efficacy: Implications for family-centered practice*. Poster presented to the biannual meetings of the Society for Research in Child Development, Philadelphia, PA
- Martini-Carvell, K., & Russell, B. S. (2014, March). *Differential lifecourse outcomes for adolescent mothers based on risk characteristics: Randomized evaluation results*. Poster presented to the Society for Research in Adolescence, Austin, TX.
- Martini-Carvell, K., Russell, B. S., & Pruett, K. (2014, December). *Mid-level Developmental Assessment: Crafting effective supports and interventions for families facing mental health challenges*. Paper presented to the annual meetings of Zero to Three, FL
- Moscardino, U., Russell, B. S., Axia, G., & Trevisanut, P. (2003, April). *The development of shyness in the first two years of life: A cross-cultural study on Italian and American children*. Poster presented at the biennial meetings of the Society for Research in Child Development, Tampa, FL.
- Racine, L.*, & Russell, B. S. (2015, October). *Impulsivity outcomes among high risk adolescents receiving special education services: A randomized intervention for students within a Recovery High School Program*. Poster presented to the biennial meetings of the Society for the Study of Human Development, Austin, TX

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National Conference Presentations (continued)

- Romano, K.*, Hutchison, M.*, Russell, B. S. & Thompson, A.* (2015, March). *The co-occurring influence of impulsivity, coping and emotion regulation on self-regulation in typical and substance use recovery students*. Poster presented to the biannual meetings of the Society for Research in Child Development, Philadelphia, PA
- Russell, B. S. (2004, May). *Thematic analysis of infant-caregiver emotion regulation strategies*. Poster presented at the annual Developmental Psychobiological Research Group meetings, Estes Park, CO.
- Russell, B. S. (2004, September). *Preventing Shaken Baby Syndrome in the childcare setting*. Training offered at the Manchester Family Child Care Association, South Windsor, CT.
- Russell, B. S. (2006, September). *Intervention type matters: Increasing SBS Awareness*. Presentation given at the Sixth North American Conference on Shaken Baby Syndrome, Park City, Utah.
- Russell, B. S. (2006, September). *Abuse or Accident? Discipline, soothing, and emotion regulation in the case of SBS incidence*. Presentation given at the Sixth North American Conference on Shaken Baby Syndrome, Park City, Utah.
- Russell, B. S. (2007, April). Coping strategies for mitigating threatening emotions and infant care practice beliefs relevant to Shaken Baby Syndrome. In B. S. Russell (Chair), *Emotion Regulation and Shaken Baby Syndrome: Prevention, Research, and Practice*. Symposium presented at the biennial meetings of the Society for Research in Child Development, Boston, MA.
- Russell, B. S. (2008, August). Prevention in the classroom: Pedagogy and results. In B. S. Russell (Chair), *Pedagogical practices on interpersonal violence*. Symposium presented at the annual meeting of the American Psychological Association, Boston, MA
- Russell, B. S. (2012, May). *Psychosocial influence on pediatric pain: Contextual and developmental factors in coping*. Poster presented to the American Pain Society meetings, Honolulu HI.
- Russell, B. S. (2012, October). *Parent's tolerance for distress when facing inconsolable crying*. Paper presented to the North American Conference on Shaken Baby Syndrome, Boston, MA.
- Russell, B. S. (2014, March). *The role of sociocontextual factors on emotion regulation and executive function for youth in substance use recovery*. In B. S. Russell (Chair) Substance Use & Interventions symposium, presented to the Society for Research in Adolescence, Austin, TX.
- Russell, B.S. (2015, March). *Do parents practice what they teach? Maternal socialization of emotion regulation from birth through the preschool years*. Paper presented to the biannual meetings of the Society for Research in Child Development, Philadelphia PA
- Russell, B. S., & Britner, P. A. (2003, November). *Home visitation as a child maltreatment prevention model*. In T. W. Miller (Chair), Domestic violence: Critical issues for Connecticut practitioners. Symposium conducted at the annual meeting of the Connecticut Psychological Association, Westbrook, CT.
- Russell, B.S., Casavant, E.*, Leland, A.* & Ketterer, H. (2012, May). *Adolescent reactivity, coping, and the role of impulsivity*. Poster presented to the American Pain Society meetings, Honolulu HI.
- Russell, B. S., & Cota-McKinley, A. (2009, October). *Audio materials in computer-mediated classrooms*. Symposium led at the Annual Meeting of the New England Conference on the Teaching of Psychology, Worcester, MA.

*Denotes student collaborator

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Curriculum Vitae

National Conference Presentations (continued)

- Russell, B. S. & Dawson, L. (2009, April). *Teaching on child abuse and neglect: Balancing rigor with accessibility*. Poster presented at the biennial meetings of the Society for Research on Child Development, Denver, CO.
- Russell, B. S., & Eaton, L. (2013, August). *Exploring the SAVA (Substance Abuse, Violence, and AIDS) syndemic in pregnant South African women*. Poster presented to the annual meeting of the American Psychological Association, Honolulu, HI.
- Russell, B. S., Huitron, B., Oliva, A., Blom, M. J. M., Harkness, S., & Super, C. M. (2005, April). *Longitudinal links in maternal mood from 3 cultures: Growth curve trends in the Netherlands, Spain, and the United States*. Poster presented at the biennial meetings of the Society for Research in Child Development, Atlanta, GA.
- Russell, B. S., Korom, D., & Harkness, S. (2003, April). *Maternal expectations and experiences during the third trimester through two weeks postpartum*. Poster presented at the biennial meetings of the Society for Research in Child Development, Tampa, FL.
- Russell, B. S., & Leland, A. J.* (2014, March). *Patterns of escalating polysubstance use in high school recovery programs: The introduction of opioid use*. Poster presented to the Society for Research in Adolescence, Austin, TX.
- Russell, B. S., Lincoln, C. R.*, & Leland, A. J.* (2014, November). *Parenting antecedents of young children's emotion regulation*. Paper presented to the annual meetings of the National Council on Family Relations, Baltimore, MD.
- Russell, B. S., & Mulroy, M. T. (2004, April). *Bites, fights, and spite: Understanding and responding to childhood aggression*. Training offered at the Connecticut School Age Childcare Alliance meetings, Trumbull, CT.
- Russell, B. S., & Mulroy, M. T. (2004, November). *Parent education program evaluation: The curiosities in developing a handbook for community program use*. Presentation for the National Extension Specialist Pre-conference Meetings during the National Council on Family Relations meetings, Orlando, FL.
- Russell, B.S., & Racine,* L. S. (2011, August). *Convergent evidence for the antecedents of self-control strategies: Parenting correlates in 2 samples*. Poster presented to the annual meetings of the American Psychological Association, Washington, DC.
- Russell, B.S., & Soltano, E., Surgan, S., & Ketterer, H. (2011, August). *Flexibility in faculty expectations: Encountering a range of learning readiness in the undergraduate classroom*. Symposium presented to the annual meetings of the American Psychological Association, Washington, DC.
- Russell, B. S., Surgan, S., Cota-McKinley, A., Mutchler, M., & Kalia, V. (2013, August). *Evidenced-based classroom practices: Empirical support across learning-readiness levels*. Symposium presented to the annual meeting of the American Psychological Association, Honolulu, HI.
- Russell, B. S., & Wong, A.* (2013, April). *Newborns' cries as a predictor of maternal mental health: Self-regulation & tolerance to distress*. Poster presented to the biannual meeting of the Society for Research on Child Development, Seattle, WA.
- Simpson, E., Flannery, K. M., Heller, A., Russell, B., & Ohannessian, C. M. (2015, October). *Just like your father? The role of communication and parent drinking during adolescence in predicting substance use during emerging adulthood*. Poster presented to the biennial conference of the Society for the Study of Emerging Adulthood, Miami, FL.
- Soltano, E., & Russell, B. S. (2008, October). *Teaching online: Getting started*. Paper given at the Annual New England Conference of Teaching On Psychology, Springfield, MA.

*Denotes student collaborator

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National Conference Presentations (continued)

- Thompson Heller, A.* , Hutchison, M.* & Russell, B. S. (2015, October). *Randomized comparison of distress tolerance & emotion regulation outcomes in substance using adolescents*. Poster presented to the biennial meetings of the Society for the Study of Human Development, Austin, TX
- Thompson, A.* & Russell, B. S. (2012, October). *Perceived stigma and social influence: The interplay of substance use recovery ethos and adolescent development*. Poster presented to the annual meeting of the New England Psychological Association, Worcester, MA.
- Thompson, A.* & Russell, B. S. (2013, August). *Perceived levels of stigma among adolescents in addiction recovery programs*. Poster presented to the annual meeting of the American Psychological Association, Honolulu, HI.
- Thompson Heller, A.* , Russell, B. S., & Johnston, T. (2015, August). *Considerations for collegiate recovery program development: A descriptive overview of various program models*. Paper presented to the annual meeting of the Higher Education Center for Alcohol and Other Drug Misuse, Columbus, OH
- Trevisanut, P., Russell, B. S., Moscardino, U., Axia, G., & Britner, P. A. (2002, March). *Temperament, caregiving, and parental warmth in early infancy: Cross-cultural perspectives*. Poster presented at the Annual Meeting of the Eastern Psychological Association, Boston, MA.

Other Presentations

- Russell, B. S. (2015, March). *Learning Self-Control: Powerful Parenting Practices in Early Childhood*. UConn Waterbury Research Lecture Series
- Russell, B. S. (2015, February). *Developing Effective Service Learning Frameworks*. UConn Institute for Teaching & Learning Lunchtime Seminar
- Russell, B. S. (2014, April). *Service Learning: Teaching & learning when the community is our classroom*. UConn Waterbury Research Lecture Series.
- Russell, B. S. (2013, October). *Early dyadic relationships and the development of self-regulation*. Psychology Department Developmental Division brownbag series.
- Russell, B.S. (2013, October). *Professional development via Service Learning: Human services field experiences*. UConn Institute for Teaching & Learning Lunchtime Seminar
- Russell, B. S. (2011, December). *Community service provision for at-risk families facing developmental delay*. Research presentation given at the CLAS Social Science gathering of the Urban Health and Health Care study group

Forthcoming presentations

- Flannery, K.,* Simpson, E.,* Thompson Heller, A.,* Ohannessian, C. M., & Russell, B. S. (2016, March). *Adolescent depression and heavy alcohol use: Gender differences in social risk-taking behavior*. Poster submitted to the biennial meeting of the Society for Research on Adolescence, Baltimore, MD

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Professional Awards, Affiliations, Trainings, & Fellowships

Research Affiliate at UConn's Center for Health Intervention & Prevention (CHIP)
Research Affiliate at UConn's Center for Applied Research & Human Development (CARHD)
Research Affiliate at UConn's Institute for Brain And Cognitive Sciences (IBACS)
Treasurer & Secretary, National Council on Family Relations Research & Theory Section
Editorial board member for *The Journal of Primary Prevention*
Invited peer reviewer for *Child Development*
Invited peer reviewer for the *Journal of Youth & Adolescence*
Invited peer reviewer for *Journal of Nursing Measurement*
Invited peer reviewer for *Pediatrics*
Invited peer reviewer for *Child Abuse & Neglect*
Invited peer reviewer for *Family Relations*
Invited peer-reviewer for *Social Science in Medicine*
Invited peer-reviewer for *Infant Mental Health Journal*
Invited peer-reviewer for *Personal Relationships*
Member of the International Society for Infancy Studies
Member of the Society for Research in Child Development
Member of the New England Psychological Association
Member of the American Psychological Association
Member of the National Council on Family Relations
Editorial board member (2005-2011) for *Currents in Teaching*
Advisory board member (2005-2012) for *Currents in Teaching*

Certified in Family Life Education (provisional), National Council on Family Relations, 2014
Certified in Culture, Health, and Human Development, University of Connecticut, School of Family Studies, 2005
Certified in Quantitative Research Methods, University of Connecticut, Department of Psychology, 2005
University of Connecticut Service Learning Fellow, 2012
International Conference on Infancy Studies (ICIS) 2008 Early Career Fellow
Alden Excellence in Teaching Nominee, 2007 (Worcester State University)
University of Connecticut Doctoral Fellow, 2005
Human Development & Family Studies Summer Fellow, University of Connecticut, 2004